



Problemes in/on chest

Possible causes:

- Heart attack
- Heart disease (e.g. Angina pectoris)
- Shortness of breath (e.g. exertion)
- Lung/bronchial disease (e.g. asthma)
- Insect bite (mouth/throat area)
- Injuries

Possible symptoms:

- Chest pain (e.g. radiating)
- Dizziness
- Nausea/vomiting
- Injuries (e.g. due to a fall)
- Hematomas/swelling
- Shortness of breath (e.g. blue lips)
- Tightness
- Cold sweat

First aid:

- Position body elevated (approx. 30°)
- Stop bleeding
- Provide fresh air
- Open tight clothes
- PAKET & emergency call if necessary