



Hypoglycemia

Hypoglycemia = lack of energy

Symptoms:

Pale, cold sweats, shaky, nervous, hungry, abdominal pain, headache, dizziness, visual disturbances, seizure

Measures:

Responsive patient:

Give the patient sugar.

Dextrose or fructose is best.

Alternatively household sugar or beet sugar.

If nothing else is available: Chocolate.

Non-responsive patient:

