

Ingestion



Typical symptoms:

- Sudden onset of cough with shortness of breath without signs of infection
- Possible breath sounds (wheezing, whistling, wheezing, rattling breathing)
- Retractions in the throat or chest (dependent on breathing)
- Hoarseness (even over several days without signs of illness)
- Gagging/choking

Measures:

As long as the child is breathing and coughing sufficiently:

- Continue to cough vigorously.
- Support coughing by tapping between the shoulder blades.
- If the foreign body has been coughed up, remove it from the mouth.
- If the foreign body is still lodged in the child's airway, make an **EMERGENCY CALL** and use **PAKET**.

If the child's breathing is restricted or the child shows clear respiratory distress:

- Place the child over your knee or forearm.
- Tap moderately between the shoulder blades with the flat of your hand up to five times to trigger a cough reflex.
- Always tap while coughing, never while inhaling!
- If the foreign body has not been coughed up or breathing has not returned to normal, make an **EMERGENCY CALL** immediately and use the **PAKET**.

Under 1st year



over 1st year

