



Poisoning

Keep calm!

- Avoid contact with the toxic substance (e.g. protective gloves)
- Consciousness/breathing control and, if necessary, recovery position / CPR / heat preservation....
- Emergency call 112
- Call the poison information centre e.g. **030 / 1 92 40**
- Secure poison residues and give to the rescue service

Important information on the “poison emergency call”:

What was taken?
How much of the substance was taken?
When did it happen?
How was it taken?
How old is the patient?
How is the patient now?
What has already been done?

Recommendations:

- | | |
|---------------------------------|--|
| In case of oral contact: | Rinse mouth and do not induce vomiting |
| In case of eye contact: | Rinse eyes (from the inside out) for at least 10 minutes |
| In case of skin contact: | Remove clothing and rinse skin with soap and water |
| In case of respiratory contact: | Remove to fresh air |

Cave: Always remember to protect yourself! Everything that affects the patient can possibly also affect the helper!