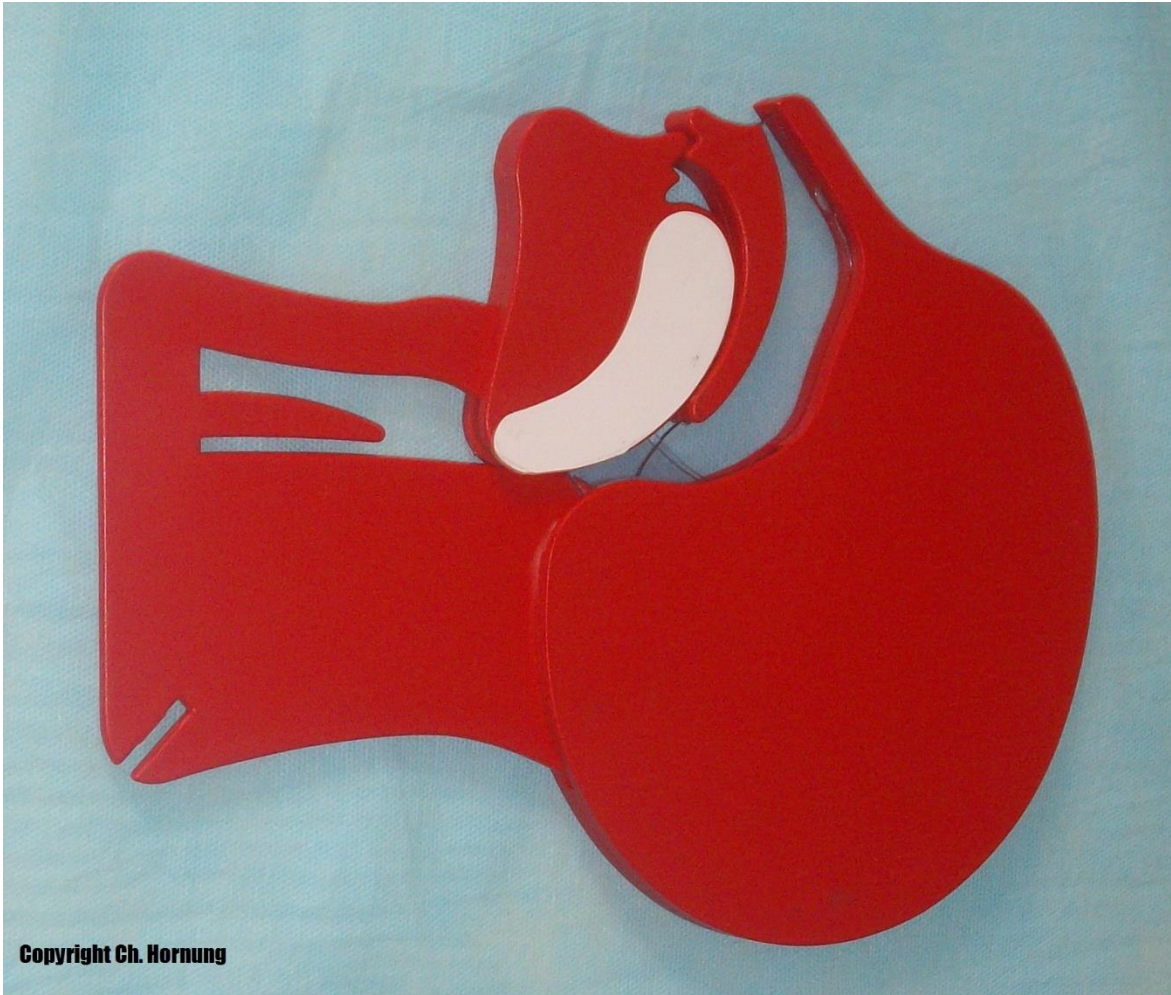


Respiratory control



An unconscious person is particularly at risk of suffocation. Sinking back of the slack tongue or swallowing saliva, blood and / or vomit can quickly lead to death by suffocation.

After just 5 minutes without oxygen, the brain begins to be damaged.

1. If possible, inspect the oral cavity and remove any foreign bodies that may be present.
2. Open the airways, by grasping the casualty's chin and forehead and carefully leaning his head back. This raises the base of the tongue and enables breathing.
3. Control the patients breathing by hearing, feeling and seeing 3-4 breaths within about 10 seconds.

